



## **Uniformed Services West Chapter – AAP News sheet – Winter 2011**

### **Presidents' Messages:**

***Pike Place Market-The Space Needle-Mount Rainier...beautiful sites to see in Seattle Washington when you attend the Uniformed Services Pediatric Seminar (USPS) March 10-13<sup>th</sup>. It is a great opportunity to visit old friends, network with colleagues, and have an educational experience of a lifetime! I hope to see you there!***

**Join Chapter West Uniformed Services at a Luncheon to be held during USPS. Enjoy a free lunch, and gather to discuss ways to work together as a Chapter and get involved!**

**We will announce awards at USPS to include the Scientific Awards and the Young Pediatrician Award for all military services.**

**Our annual chapter report was completed to include goals for chapter development and promotion, be at the forefront of deployment resources, and update our means and methods of communication. I also submitted special recognition awards from the American Academy of Pediatrics for two of our members, Dr Gayle Haischer-Rollo a neonatology fellow in San Antonio, and Dr Christine Erdie-Lalena past president of Chapter West.**

**I look forward to putting names with faces, and will see you there!**

**Dr Dawn Peredo, Uniformed Services Chapter West President**

### **THE SCIENTIFIC AWARD COMPETITION:**

The Scientific Award Committee of the Uniformed Services announces 2012 Scientific Award Competition. This competition will take place at the 46<sup>th</sup> Annual Uniformed Services Pediatric Seminar in Seattle, WA from 10-13 March 2012.

**Six scientific awards** will be given to honor research efforts by Uniformed Pediatricians. The awards are:

- **The Ogden Bruton Award** (\$500 stipend and plaque): for the best paper by a Uniformed Pediatrician on either basic science research or research on the development, evaluation, or application of an emerging technology in pediatrics.
- **The Andrew Margileth Award** (\$500 stipend and plaque): for the best pediatric paper by a Uniformed Pediatrician documenting clinical findings or assessing clinical diagnostic studies, therapeutic regimens, and outcomes leading to improved quality of health care for children.

- **The Howard Johnson Award** (\$500 stipend and plaque): for the best paper by a Uniformed House Officer (of any specialty) on a pediatric topic.
- **The Leo Geppert Research Award** (\$200 stipend and a plaque): for the Uniformed pediatric primary care provider describing a topic with a major focus on pediatric primary care, including (but not limited to) innovations in practice management, primary prevention, or educational interventions.
- **The Leo Geppert Case Award** (\$200 stipend and a plaque): for the best case report by a Uniformed Pediatrician. It is the only category that accepts case reports.
- **The Val G. Hemming Award** (Plaque and a travel award per individual command's approval): for the USUHS, HPSP, or ROTC student submitting the best paper on a pediatric related topic in clinical or basic science research.

For additional information, visit the AAP Uniformed Services Section website or contact MAJ David Harper, MD, FAAP at: [david.p.harper@us.army.mil](mailto:david.p.harper@us.army.mil), 2012 SAC Chairperson.

The Section on Uniformed Services is looking for a **Section Contributing Editor to the AAP Grand Rounds Publication**. Every month, physician experts from the Academy's Sections scan more than 75 journals for the most recent advances in pediatrics, summarize them, and add their expert commentary. The Grand Rounds Editorial Board makes the final selections. Criteria for selection include methodological soundness as well as relevance to practicing pediatricians.

If you are interested in serving as the **Section on Uniformed Service's Grand Rounds Section Contributing Editor**, please contact Tony Delgado, MD, FAAP (the Section's current editor) for more information. Dr. Delgado can be reached at [anthony.delgado2@med.navy.mil](mailto:anthony.delgado2@med.navy.mil). The Section is also looking for a **member to oversee the Section's web page**. No technical experience required. What is needed is an individual who will suggest new articles for the page to keep the pages fresh and interesting. If you are interested in serving as the Section's web page editor, please contact the current editor, Joe Lopreiato, MD, FAAP at [jlopreiato@usuhs.mil](mailto:jlopreiato@usuhs.mil).

### **Workshop on the Scientific Study of Military Children – 16-18 Nov 2011**

LTC Keith M. Lemmon, MD, FAAP

Vice President – Uniformed Services West Chapter of the AAP

From November 16-18<sup>th</sup>, I had the honor of attending the Workshop on the Scientific Study of Military Children in the Georgetown District of Washington, D.C. as a representative of the Uniformed Services Chapters and Section. The trip was generously supported by the Section, and I would like to express my sincere gratitude to the Section for the opportunity to attend.

The workshop was put together by Sarah Friedman, PhD – a staff member of the Center for Naval Analysis. Sponsoring organizations included Blue Star Families, The Center for a New American Security, Joining Forces, The Military Child Education Coalition, Tufts University, and USUHS.

The first evening of the workshop was a reception for presenters and participants to get to know one and other and to begin a dialogue on the direction of the conference. The

stated goals of the workshop were to chart a scientific research agenda by proposing a science base for services for military children and indicating what needs to be known about the effectiveness of existing programs for military children. A second goal was to propose an implementation plan by creating the political will to support the proposed research agenda, by encouraging researchers and students to focus on military children, and by interesting funding agencies and private foundations to support research on military children and program evaluations.

The second day was a discussion of the goals of the workshop and various presentations about child development science. Most of the presenters were civilian subject matter experts in the fields of developmental, resilience, program development and program evaluation science. Much of the workshop focused on how to translate what is already known in these areas about non-military children into programs that would more specifically address the needs of military children and adolescents. In addition, much effort went into discussing the need for larger, longitudinal studies of military youth over the cycles of moving, deployment, and the aftermath that goes along with these experiences.

The second half of day two focused on military family priorities and military child development in response to stress. The last day of the conference focused on programs and services already in place for military children and how these were developed and evaluated. Some of the programs discussed included Zero to Three's Coming Together Around Military Families, The Military Child Education Coalition, the FOCUS project, and Sesame Street's Talk, Listen, Connect program. Dr. Marion Burton, the immediate past president of the AAP spoke about the things the AAP has done to support military youth such as the Military Youth Deployment Support Video Program (MYDSVP), the AAP's Military Youth Deployment Support Website, the multiple resolutions and advocacy efforts military pediatricians have inspired and implemented over the last 7 years. He also highlighted the contributions that military pediatricians such as Eric Flake, Molly Chartrand, Greg Gorman, and Ellen Davis have made to the field of research and improved understanding of military children.

The workshop was reminiscent of the conferences hosted in 2008 and 2009 by the Military Child and Adolescent Center of Excellence (now the Child, Adolescent, and Family Behavioral Health Office). As the conflicts in Iraq and Afghanistan wind down, the next few years may be the last chance to add to the scientific database on the questions we would all like to know the answers to such as what distinguishes military children from other children under stress and what are the components of effective programming to help our children through these trying times.

The few military pediatricians in attendance added to the discussion by reminding the researchers, programmers, and funders that military pediatricians and other military youth serving professionals are experts in the areas that are being discussed and that our expertise should be drawn upon as various organizations develop their research questions and programs. We also added the perspective that military children, teens, and their families should be involved in development of programs. This may seem obvious but is often overlooked when large organizations are charged with developing targeted programming.

A follow up meeting is tentatively planned for the second half of 2012.

The agenda and many of the presentations from the workshop can be viewed online at <http://militarychildren.cna.org> .

Also, please take a look at the newly released MilitaryKidsConnect.org website that is mentioned below. It is an excellent resource to recommend to your families who are in various phases of the deployment cycle. It was created by the Center for Telehealth and Technology (T2), a branch of the Defense Centers of Excellence (DCOE). The site is being vetted with military pediatric experts as well as children and adolescents who are likely to use the site.

I would like to thank the Uniformed Services Section again for the support to attend and represent military pediatricians at this important event !!!

### **MilitaryKidsConnect.org: Kids Deploy Too!**



## **Kids Deploy Too!**

MilitaryKidsConnect.org

The challenges faced by a child when a parent or caregiver deploys are unique to the military community. [MilitaryKidsConnect.org](http://MilitaryKidsConnect.org) is a Department of Defense-sponsored website to help military kids support one another and learn coping and resilience-building skills. MilitaryKidsConnect.org recognizes that when parents deploy, kids deploy too.

MilitaryKidsConnect.org was developed by psychologists at the National Center for Telehealth & Technology, the Defense Department's primary agency for applying innovative technology to issues of psychological health and traumatic brain injury.

MilitaryKidsConnect.org features customized content for three age groups: children, tweens, and teens. Users visit an age-appropriate homepage where they find interactive maps; a personal scrapbook application; age-appropriate games; videos of military kids describing how they cope with deployment; instructional vignettes; a virtual personal space kids navigate with a customizable avatar; and moderated social networking message boards for tweens and teens (parent approval required for registration). Together, these features create a safe and comfortable place for young people

everywhere, including those who live outside military base communities, to share with their peers and learn how to handle the pressures of being a military kid.

MilitaryKidsConnect.org also provides content for parents and educators of military kids. Here, adults can find information about the site safeguards and parental controls, site content, and how adults can use the content to encourage positive conversations about deployment with children. Information on common behavioral responses to deployment by age group and methods to cope with these behaviors is also included.

MilitaryKidsConnect.org launched January 2012 and will be participating in promotional events around the country.

### **Resident CATCH (Community Access To Child Health) Corner**

Check out the CATCH website: [www.aap.org/catch](http://www.aap.org/catch) for more details and project ideas. If you would like to discuss an idea for a project, please contact MAJ Thornton Mu, the Chapter West CATCH grant facilitator at [thornton.mu@us.army.mil](mailto:thornton.mu@us.army.mil)

### **Pediatric Research in an Office Settings (PROS)**

If you are interested in participating in PROS or have questions the Uniformed Services West Chapter PROS coordinator is MAJ Roselynn Cuenca and can be reached at [roselynn.cuenca@us.army.mil](mailto:roselynn.cuenca@us.army.mil)

### **Chapter Grant Coordinator**

Norman J. Waecker, Jr., MD FAAP



Research Grants: The Uniformed Services West Chapter has been managing research and training grants for our members for the past 5 ½ years. We have successfully helped several investigators by accepting research and grant funds through the USW Chapter. We have helped in the implementation and managing of these projects. All proceeds from the grants have remained in the chapter to assist with administering current grants and for helping chapter members with future opportunities. Anyone interested in more information can contact either the Chapter Grant Coordinator, Norman J. Waecker Jr. MD. MPH, FAAP, at either [pedsid@cox.net](mailto:pedsid@cox.net), or our Executive Director, Ms. Elina Ly, at [elina.ly@med.navy.mil](mailto:elina.ly@med.navy.mil).

### **Young Pediatricians Network**

A young pediatrician-driven Web site that contains all the links and resources of interest to the new generation:

Check it out:

[www.aap.org/ypn](http://www.aap.org/ypn)

## **Chapter Volunteer Opportunities**

If you are interested in Chapter volunteer opportunities please feel free to contact the Chapter administrative office. Working together we can make our Chapter better and stronger.

### **US West Chapter Administrative Office:**

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